My brushing chart

Name: _____ Week of: _____

	Morning	Bedtime
Mon	☀	☾
Tue	☀	☾
Wed	☀	☾
Thu	☀	☾
Fri	☀	☾
Sat	☀	☾
Sun	☀	☾

2 minutes
Every time

2 times
Every day

Pea-size
Fluoride toothpaste (ages 3+)

Print one for every year.
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